

FS Bowl Pack

203487 - Malt-O-Meal Crispy Rice bowl pack

No Sugar added.



MARKETING

Nutrition Facts

96 Servings per container

Serving Size18 grams

Amount Per Serving

Calories70

% Daily Value\*

Total Fat0 g0%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium105 mg5%

Total Carbohydrates16 g6%

Dietary Fiber0 g0%

Total Sugars2 g

Includes 2 g Added Sugars3%

Protein1 g

Vitamin D0.4 mcg2%

Calcium0 mg0%

Iron5.4 mg30%

Potassium0 mg0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
00542	203487	10042400005428	96 x .63 OZ			
Brand	Brand Owner	GPC Description				
FS Bowl Pack	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
6.45 LBR	3.78 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.791 FTQ	9x3	365 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Ingredients: Rice, Sugar, Corn Syrup, Salt. Vitamins and Minerals: Ferric Orthophosphate (source of iron), Sodium Ascorbate (Vitamin C), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Riboflavin (Vitamin B2), Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3.

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Page 1 of 2

PREPARATION & COOKING SUGGESTIONS

Add milk

SERVING SUGGESTIONS

serve with fruit and/or milk

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	70	Total Fat	0 g	Sodium	105 mg
Protein	1 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	16 g	Saturated Fat	0 g	Iron	5.4 mg
Sugars	2 g	Added Sugars	2 g	Potassium	0 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	90	Vitamin D	0.4 mcg	Thiamin	
Vitamin A (RE)	90	Vitamin E		Niacin	
Vitamin C	3.6 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
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