

A CHILD'S PARADISE 2025

Welcome to the ARROWHEADLINES

70 YEARS OF SERVICE TO CHILDREN

Edition 70
Volume 2

July 7, 2025

Upcoming Events

Monday, July 7 th	Mixed Up Monday~ wear mismatched clothes
Tuesday, July 8 th	SMILE! BUNK PICTURE DAY- campers will receive their Arrowhead shirts
Wednesday, July 9 th	HALLOWEEN DAY – CIT field trip to Escape Room
Thursday, July 10 th	CAMPER COUNSELOR DAY!
Friday, July 11 th	Camp Show~ Jungle John Overnight weekend # 2 begins
Monday, July 14 th	DECADE DAY! - dress from the 70's, 80's, 90's, 2000's!
Tuesday, July 15 th	Visiting Day for GIRLS & First 4 Weekers (F4)
Wednesday, July 16 th	SPORTS LOGO Day ~dress in your favorite sports team attire CIT field trip to Dave & Busters
Thursday, July 17 th	Wear TIE DYE
Friday, July 18 th	Camp Show~ Puppet Pizzazz

Director's Corner

Arrowhead is off to another amazing start—our **70th camp season**, to be exact! This summer began with some especially hot days, but that hasn't stopped our campers from arriving each morning with big smiles and endless enthusiasm. This is truly what camp is all about.

At Arrowhead, campers and staff aren't just here for the season—we are a family. We look out for one another, cheer each other on, and share in all the wonderful moments that make camp so special. Whether it's trying something new or making a new friend, these experiences create memories that last a lifetime.

This milestone season is a reminder of how many campers and families have become part of the Arrowhead tradition over the decades. Our goal each and every year remains the same: for your children to love their time here so much that they can't wait to return, just as so many generations have. Many of our staff members were once Arrowhead campers themselves and are now reliving their own camp memories while guiding and encouraging your children.

As we celebrate 70 years of Arrowhead, we are especially grateful to share this summer with you—and we're excited to see what the next six weeks have in store!

Here's to another unforgettable season—and to 70 years of camp memories!

Yours for better camping,

Uncle Brian Witt

WHERE ARE THE CLOTHES I SENT TO CAMP?

Over the past several summers we have established a method of clothing conservation to minimize the loss of your children's clothing in camp. All bunks use the Stay at Camp Bag method of clothing storage.

This is what we do:

1. Children bring their laundry bag to camp with their bathing suits & towels. Extra set of clothing, a sweatshirt or raincoat are kept in the Stay at Camp bag.
2. Upon arrival to the bunk the counselor assigns children a cubbie with their name on it.
3. The counselor puts only the child's bathing suits and towels in the cubbie.
4. All other clothing remains in the Stay at Camp white bag with the child's name on it and stored on a separate shelf in the bunk.

The clothing is kept this way so that the children have less clothing to deal with on a daily basis. Usually, the children use only their bathing suits and towels. If the occasion should arise that they need their extra clothing, the counselor is able to locate it immediately and give your child what they need. For you, this means less laundry each week. The only things that should come home for washing each week are bathing suits and towels. At the end of the summer, you should get all of your children's clothing returned in their laundry bag. So, to answer the question- Where are the clothes I sent to camp? The clothes are safely stored in their Stay at Camp bag in their bunk!

OUR CAMP PHONE NUMBER IS

(610) 353-KIDS

CALL THIS NUMBER ANYTIME YOU NEED US

DURING THE SEASON

7:00 A.M.- 6:00 P.M.- MONDAY THRU FRIDAY

FAX ANYTIME- (610) 695-8118

E-MAIL: chiefarrowhead@comcast.net

24 hours- 7 days a week

***Please allow 24 hours for a response if e-mailing on a weekend**

E-MAIL UPDATES- 2nd REMINDER

We will be communicating with our parents by sending out individual bunk news e-mails & photos. These weekly e-mails will contain specific information for the campers bunk (upcoming special events, what to wear, and bring in, etc.) along with newsy notes and tidbits of information of the prior week. We also will be uploading weekly photos & videos of our campers in action to their individual **bunk page** on our camp website. Easy access links will also be included in your weekly email. We thank you for your cooperation.

TEXT ALERTS

Arrowhead will be utilizing Text Alert updates throughout the year. This is the easiest & fastest way for us to communicate information to you. PLEASE DO NOT RESPOND AS IT'S A UNMONITORED NUMBER. If you have any questions about a text you receive, please call or email the office.

ATTENTION PARENTS:

If you are changing your child's transportation in any way (picking up early, etc.) please make sure the main office is aware of the change. You must do this by UTILIZING our **ARROWHEAD Transportation Request Forms** (blank form included in this edition or download from our website under "Forms & Applications" or call us and we will be happy to fax one to you or send it home with your child). Phone calls or just telling your child's driver will **not** be honored. Children must be picked up **NO LATER THAN 3:00 P.M.** Should you not be present by the 3:00 P.M. time, your child will be sent home on normal transportation. Camp dismissal is at **3:15 sharp!** Also, should you be dropping your child off at camp in the morning, it must be **no earlier than 9:30 A.M.** This is for your child's safety, as our staff arrives at **9:30** so there is no supervision before that time. Camp begins at 9:40 A.M. This is for you and your child's protection. **ARROWHEAD** times must be adhered to and will be strictly enforced. In addition, should your child not be coming to camp for any reason, telling the driver is sufficient. There is no reason to call camp for this. Thanks for all your help in this very important matter!

Reminder to all **Extended Day Campers**- Early drop off is between 7:30 and 9:15 and late pick-up is between 3:30 and 5:30.- **no later- please take note!**

JUST A REMINDER

If you have not already sent in your **green health form**, please do so to be sure that we may have current medical information, as well as emergency contacts for your child. If your child needs to take any medication during the camp day, please make sure they know to bring it to the Nurse's Office upon arrival to camp. This is for your child's protection!

.....

FOOD, SNACKS & TREATS

Due to allergies, NO outside food will be permitted. If your child is having a birthday during the summer, please let know if you would like us to sing and provide popsicles.

PROPER FOOTWEAR AT CAMP

We are informing all of our parents that sneakers and sneakers only are the appropriate footwear for your children to wear during our camp day. Any variety of sandals, flip-flops, pool shoes etc. are not only inappropriate, but also dangerous. Our campers are engaged in various activities, including: running, jumping, climbing, etc. and sneakers are for these endeavors. Parents, we ask you to use common sense and please follow our advice for the safety of your children. Thank you.

ELECTRONIC POLICY

One of the best, if not the best part, of summer camp is being able to enjoy the great outdoors. This is especially true with the winter we just had which trapped us indoors. Add to this that our children have spent so much time sitting in rows with pencil & paper and taking standardized tests, and they really need to be participating in all that **ARROWHEAD** has to offer so we respectfully request that all cell phones, mp3 players, tablets, etc. stay at home where they will be "safe & sound."

SWIM BANDS

To keep all campers safe, they were given Red, Yellow, or Green bracelets on their 1st day.

Red= Only shallow end

Yellow= Monitor

Green= Anywhere

****Campers must have their band on to swim. Pool will have extras**

PAJAMA DAY & BUILD A BEAR

Who says you can't wear your pajamas to camp? Arrowhead Junior campers wore their pajamas to camp, heard stories from their counselors, and even enjoyed a midmorning breakfast in the Mess Hall. Everyone looked comfy and happy in their pajamas, even the counselors! Junior campers had an extra treat this summer....they got to make their very own **stuffed animal** dressed in an Arrowhead t-shirt to bring home! It was a wonderful day in Junior Camp!

A NOTE TO ARROWHEAD DAY CAMP
Transportation Change Request
FAX (610) 695-8118 chiefarrowhead@comcast.net

Date _____

Camper's Name(s) _____ / _____

Bunk(s) _____ / _____

Vehicle _____

REQUEST FOR TRANSPORTATION CHANGE

☐ My child(ren) will be picked up at _____ on _____
Time
_____. Please call the camp office upon arrival.*
Date

****PICK UP MUST BE NO LATER THAN 3:00!!!***

☐ Please allow my child to be dropped off at the home of _____ who also rides on the same vehicle as my child.

☐ My child(ren) will be dropped off at camp at _____
Time
on _____.
Date

****DROP OFF MUST BE NO EARLIER THAN 9:30!!!***

Parent's Signature _____

* Please indicate name of individual if not parent or guardian

ARROWHEAD'S world famous **"Learn to Swim"** campaign is now in high gear. All of our campers have been tested and placed in the appropriate swim "school." Listed below are the skill levels pertaining to our 10 Fish Schools. We will all be working hard throughout the summer to pass as many schools as possible & always remember **SAFETY FIRST!!!!**

10 "SCHOOLS"	SKILLS	TESTS
POLLIWOG SKILLS:	<ol style="list-style-type: none"> Physical & mental orientation to water Breath holding & submerging entire body Floating, front glide and recovery 	BEGINNER'S TEST
GUPPY SKILLS:	<ol style="list-style-type: none"> Front glide, 10 ft. Front glide with flutter kick, 10 ft. Back float 	GOLDFISH TEST: Camper jumps or dives into deep water, levels off, swims beginner or front crawl stroke down the lane, changes direction, turns over onto back and floats for ½ minute, then turns back over and swims the front crawl stroke back to the starting point. Awareness and understanding of basic safety skills and attitudes.
MINNOW SKILLS:	<ol style="list-style-type: none"> Back glide, 6ft. Back glide with flutter kick and skulling, 20 ft. Front crawl stroke, 20 ft. (beginners) 	
GOLDFISH SKILLS:	<ol style="list-style-type: none"> Front crawl stroke, 20 yds. Beginning back crawl stroke, 10 yds. Changing direction Turning over Leveling off Jump- chest deep water Jump- deep water Front dive- (beginners) 	ADVANCED BEGINNER'S TEST
BARRACUDA SKILLS:	<ol style="list-style-type: none"> Rhythmic breathing Front crawl stroke, 20 yds. with good rhythmic breathing Beginning back crawl stroke, 20 yds. Survival float, 1 minute Treading water, 30 seconds Diving underwater, swimming 30 ft. 	CATFISH TEST: Part 1- Camper dives into the water, swims under water approx. ½ lane, surfaces, treads deep water for 1 minute, swims front crawl stroke remainder of lane, changes direction and swims front crawl back down lane. Part 2- Camper jumps into deep water, swims ½ lane under water, surfaces and performs survival float for 2 minutes, swims elementary backstroke remainder of the lane, changes direction, swims back down the lane doing elementary backstroke.
CATFISH SKILLS:	<ol style="list-style-type: none"> Elementary back stroke 25 yds. Front crawl stroke, 25 yds. Review/improve Back crawl stroke, 25 yds. Review/improve Treading water, 1 min. Survival float, 1 min. Bobbing 	
DOLPHIN SKILLS:	<ol style="list-style-type: none"> Front crawl stroke, 20 yds. Review/improve Sidestroke (arms), 20 yds. Scissors kick, 20 yds. Sidestroke, 20 yds. Treading water, 1 min. Survival float, 2 min. 	

ARROWHEAD
Swim Program

MENU

Monday 7/7

Out of this World BURGERS

Chips
Fudgsicles

Monday 7/14

Chick-Fil-a Style CHICKEN SANDWICH

Chips
Popsicles

Tuesday 7/8

Really Rad RIGATONI & MEATBALLS

Carrot sticks & Hummus
Jello

Tuesday 7/15

GIRLS VISITING DAY Fluffy PANCAKES and Fresh

Strawberries
Mini Muffins

Wednesday 7/9

Cheesy QUESADILLAS

w/Salsa
Apple Slices
Chocolate Pudding

Wednesday 7/16

Mor's MAC & CHEESE

Chips & Salsa
Vanilla Pudding

Thursday 7/10

Mor's Perfect PIZZA

Fruit Salad
Creamsicles

Thursday 7/17

Buttery PASTA

Steamed Broccoli
Twin Pops

Friday 7/11

HOAGIES

Corn on the Cob
Watermelon

Friday 7/18

Wrap it Up! Make Your Own WRAPS

Chips
Pineapple

All food is served "family style" by our Jr. Counselors & is available in our delightfully air conditioned Mess Hall. For those campers who do not care for the main meal of the day we always have available daily – soy butter & jelly & marshmallow fluff (in any combination) on fresh whole wheat bread, hard boiled eggs, baked potatoes, buttered noodles, fresh sliced NY bagels with cream cheese, cereal, & grilled hotdogs with all the fixins'. Mixed green salad and yogurt bar available too.

LIQUID REFRESHMENT- All campers will have a variety of flavors of Arrowhead's world famous ice-cold bug juice served during lunchtime in unlimited quantities- (Monday thru Thursday). Lemonade is served to all campers every Friday.

SNACK- All campers (JR, INT & SR) receive daily snack which includes special treats (cookies, pretzels, fresh fruit)