## A CHILD'S PARADISE 2021

# Welcome to the ARROWHEADLINES

# 66 YEARS OF SERVICE TO CHILDREN

Edition 66 Volume 1 June 21, 2021

Upcoming Events

Monday, June 21 <sup>st</sup>	Camp OpensHooray!!!!
Tuesday, June 22 <sup>nd</sup>	Wear your School Spirit T-shirt
Wednesday, June 23 <sup>rd</sup>	Wear a shirt that shows somewhere you have been CIT Field Trip <sup></sup> Top Golf
Thursday, June 24 <sup>th</sup>	Silly Sock Day!
Friday, June 25 <sup>th</sup>	Camp Show- Jungle John
Monday, June 28 <sup>th</sup>	Wear NEON colors
Tuesday, June 29 <sup>th</sup>	Wear TYE DYE
Wednesday, June 30 <sup>th</sup>	Wear GREEN & WHITE
	CIT Field Trip <sup>-</sup> Escape Room
Thursday, July 1 <sup>st</sup>	Wear your Mismatched Clothes
Friday, July 2 <sup>nd</sup>	Wear RED, WHITE & BLUE to celebrate America's birthday!
	Camp Show Puppets Pizzazz

## **Arrowhead COVID-19 Safety Guidelines**

1. Masking will be required for campers & staff (regardless of vaccination status) at the following activities all summer: Transportation, Culinary Arts, Computers, and all Rainy Days (basically all indoor activities). For every other activity, masking will not be required but if campers & staff prefer to wear a mask, that is fine, and nobody will pressure them otherwise. Also, first day, all campers must wear a mask as we will meet in the Rec Hall and Mess Hall. We also suggest packing a mask in a plastic bag for us to keep at camp for Rainy Days.

2. All unvaccinated staff members are still required to wear a mask the first week of camp in all settings, except when running, until the mask mandate is officially lifted on June 28th.

3. We will still continue mitigation efforts in our Mess Hall by having 5 lunches and having staff eat outside to keep a minimum amount of people inside at one time. All staff members that are not eating in the Mess Hall, those serving lunch or cooking lunch, will be required to wear a mask at all times. We will not have a salad or yogurt bar this year to keep campers in their seats; however these foods will still be served in individual containers and brought to them upon request. Windows will remain open with the air conditioner on and campers will be spread out in their own group while in the Mess Hall as much as possible.

4. We will still maintain the same stringent sanitation scheduled as we had last year with frequently touched surfaces cleaned throughout the day.

5. Hygiene- all campers will be required to sanitize hands between each activity and wash hands with soap and water before eating lunch and snack.

6. Health Screenings- all campers and staff members will be temperature checked before entering camp grounds or vehicles.

7. Transportation- We will still have assigned seats and windows open at all times. All buses will be sanitized upon arrival.

Hopefully Chester, Delaware and Montgomery County numbers remain low as they have the past few weeks. If the numbers remain relatively stable, starting week 4 we will begin activities that allow for mixing of groups. This will allow for us to have Club Day, Leagues, Overnight Weekends, Color War, etc. We will **not** be having an Official Visiting Day this year. If parents do want to come out, please call the camp office. We will be hosting a Parent Performance of our camp show on Wednesday, August 11<sup>th</sup>.

Please know we are going above and beyond what the health department is asking of us as your child's safety is our number one concern as always. If you have any questions, please feel free to reach out to the office.

# WELCOME BACK TO OUR STUPENDOUS STAFF DIRECTORS

Carrie Chaitt - Junior Camp Kristen Cheney - Intermediate Camp Randy Straff - Senior Camp/JC's & CIT's Steve Houdeshel - Transportation Joanne Mulholland - Mess Hall

Dave Shuster - Lower Pool Stephanie Witt & Scott Miller - Upper Pool

# BUNK COUNSELORS

Mor Aharoni, Alyssa Lytle, Chris Gutowski, Chris Quigley, Keith Johnson, Emily Seigel, Scott Olster, Evan Kallish, Mike Kazlo, Shane Munro, Geri Kohn, Anna Persick, Abbie Chownasky, Mary Kate Abbott

# SPECIALISTS

In addition to many bunk counselors returning, we have some very dedicated specialists including:

ARCHERY- Joel Kutner- where safety is our top priority ART I & II- creative & fun, Robin Allen & Macie Basom COMPUTERS- Our very own techy- Rebecca Zieff, Jason Fliegelman & Angie Taylor CULINARY ARTS- always cooking up something yummy....Ruth Henninger LAKEFRONT- Our expert rowsman & fishers: Steve Houdeshel & Dawson Hillier POOL- Scott Miller, Phil Grau, Morgan Catrambone, Hayley Dieckhaus, Maddie Hottenstein, Marti Dicus, Olivia Lockhart, Nancy Kapolka, Kellie Muno, Isabella Smith, & Jamie Weingartner - top notch lifeguards & aquatic instructors OFFICE- the highly efficient Cheryl Sakel & Marianne Gorman BUS DRIVERS- CDL trained Robert Holcombe, Keith Johnson, Joe Kulp, Marianne Gorman, Ray Haffelfinger, Pat Lenahan,

BUS COUNSELORS- Chris Seelig, AJ Dicus, Jeffery Van Sciver, Gabby Mattei, Sammy Mattei, Adam Waxman

VAN DRIVERS- Joel Kutner, Ruth Henninger, Chris Quigley, Marti Dicus, Steve Houdeshel, Jonathan Horowitz, David Brown, Evan Kallish, Andrew Robinson KITCHEN- Joanne Mullholland, Debra Williamson, AJ Dicus, Anthony Joines MAINTENANCE- our very own Mr. Fix-it's, Toren Brunner & Cole Cheney

## A BIG warm welcome back to our RETURNING JUNIOR COUNSELORS...... ARROWHEAD wouldn't be the same without your dedication, hard work and love of camp!

Dylan Friedland, Jack Shuster, Dean Conroy, Malia Ford, Jordan Lieberman, Liliana Gribben, Sammy Mattei, Gabby Mattei, Emma Mazzio, Jeffrey VanSciver, Ashley Wald, Adam Waxman

# Monday, June 21 CAMP OPENS- HOORAVIIII

Tionday, June Zi	
Monday, July 5	
Friday, July 16	
Monday, July 19	
Friday, August 13	

CAMP OPENS- HOORAY!!!!! © CAMP CLOSED- in honor of INDEPENDENCE DAY FIRST 4 WEEK SESSION OVER LAST 4 WEEK SESSION BEGINS LAST DAY OF CAMP-----BOO!!!!! ©

#### ADVICE FROM OUR CAMP NURSE WHEN SENDING MEDICATION TO CAMP FOR YOUR CHILD:

- 1. Label the medication with your child's name, bunk, & transportation vehicle.
- 2. Include the name of the medication, the reason they are taking it, the time it is to be given, and whether or not it is to be sent home each day.
- 3. If your child is to transport the medication, please be sure that they know to bring it directly to the nurse upon arrival to camp.
- 4. All medications must be in their original container.
- Helpful Hint: Have your pharmacy split your child's medication (i.e. for camp & home) and put in separate containers. Put exact amount in container (39 day season). We will send all left over medications & container home on your child's last day of camp.

## CAMP STORE

Attention all Arrowhead Shoppers! Arrowhead's on-line CAMP STORE is officially open for business, and ready to accept orders 24/7.

We are pleased to offer a wide variety of apparel, outerwear and accessories showcasing our camp logo. All items to purchase are available in both children and adult sizes for campers, staff, and even alumni.

Purchases made on-line will be directly shipped to your home.

To place an order.....please visit our website home page & click on the CAMP STORE under the Parents Resources Tab.

# Transportation Procedures

- In our never ending effort to provide all our campers with the safest and most efficient transportation to and from camp we ask all of our parents to fully cooperate by:
  - 1. Having all campers dressed, packed, fed, and ready to go <u>before</u> the approximate pick-up time given to you by your transportation counselor. Having your child ready will avoid delays for all campers and insure everyone a <u>full</u> day at camp.
  - 2. Due to tight scheduling, crowded vehicles, insurance requirements, seat belt allotments and a whole host of other reasons: **ARROWHEAD DOES** <u>NOT</u> **ALLOW VEHICLE SWITCHING AT ANYTIME FOR ANY REASON!!!!** Please understand this is for your child's and <u>all</u> of our camper's safety and protection. Please do not request such a service as unfortunately it cannot be honored. Camper's can only travel on the vehicle they are assigned for the <u>entire</u> season. Thank you for your understanding.
  - 3. If you will be dropping your child off at camp <u>do not</u> bring them <u>before</u> 9:30! Camp begins at 9:40. We will be sending details regarding procedures individually.
  - 4. If you will be picking up your child, please do so by <u>3:00</u>. Please send in an official ARROWHEAD transportation request form and give to your child's driver for immediate transmittal to the office. This form can be obtained by downloading from our website under "Parent Resources" Forms & Applications", or by printing from one of our 4 editions of the ARROWHEADLINES, requesting one from your driver, or contacting the office. We will have the camper waiting for you when you arrive. Should you not be present by <u>3:00</u>, your child will be placed on normal transportation to go home. Camp dismisses at <u>3:15 SHARP!</u> Camp will not release any child to any person (other than parents or guardian) at any time for any reason. This is for your child's protection.
  - 5. For those campers using <u>EXTENDED DAY</u> in lieu of transportation<sup>-</sup> please be advised that drop off times are between 7:30 AM and 9:15 AM at rear entrance of camp (Manley Rd.). Children using <u>EXTENDED DAY</u> can be picked up at the same location beginning 3:30 PM and <u>no later</u> than 5:30 PM. This will be strictly enforced! We will be sending details regarding procedures individually.
  - 6. Should your child not be coming to camp for any reason (illness, vacation), please inform your transportation counselor. Please do not call the camp on this. Telling your driver is sufficient!

## **COVID**

Temperature checks can be done by parents before entering vehicles. We can do it, but it will slow down the route. All children on vans must wear face covers.

# A NOTE TO ARROWHEAD DAY CAMP

## Transportation Change Request FAX (610) 695-8118 E-MAIL chiefarrowhead@comcast.net

Date
Camper's Name(s)/
Bunk(s)/
Vehicle
REQUEST FOR TRANSPORTATION CHANGE
□ My child(ren) will be picked up at on 
*PICK UP MUST BE NO LATER THAN 3:00!!!
Please allow my child to be dropped off at the home of who also rides on the same vehicle as
my child.
□ My child(ren) will be dropped off at camp at
On Date *DROP OFF MUST BE NO EARLIER THAN 9:30!!!
Parent's Signature

\* Please indicate name of individual if not parent or guardian

# **IMPORTANT REMINDERS**

# CLOTHING LIST

For those parents who misplaced or lost the clothing list previously sent to you<sup>-</sup> Here it is again!!!! This is also on our website under "Parents Resources"

The following items will be needed on the first day of camp:

2 bathing suits	1 extra set of underwear
2 towels	1 comb or brush
l extra pair of shorts	l extra pair of socks
1 sweatshirt/ light	1 pair of pool shoes/Water
jacket	shoes
l extra t <del>-</del> shirt	sun block
1 pair of jeans	water bottle

All clothing should be sent to camp in the **ARROWHEAD** laundry bag to be given to you by your child's driver before camp begins.

## BE SURE TO PRINT THE CAMPERS NAME ON THE BAG!!!!!!

The clothing will remain in your child's individual locker at camp. All dirty clothes (including bathing suits and towels) will be sent home each Friday. Clean replacements are to be sent back to camp on the following Monday.

PLEASE HAVE <u>ALL</u> ITEMS COMING TO CAMP PROPERLY LABELED WITH NAME TAPES OR OTHER PERMANENT MARKINGS OF IDENTIFICATION. UNLABELED ITEMS ARE MOST DIFFICULT TO IDENTIFY AND ARE EASILY MISPLACED. FULL NAMES PLEASE- NO INITIALS!!!!

# HELPFUL HINTS OF ADVICE TO OUR NEW & RETURNING CAMPERS

- 1. We recommend <u>not</u> bringing <u>anything</u> of value to camp (backpacks, jewelry, money, cell phones, iPods, etc.) as they are easily misplaced, lost, broken or unfortunately stolen.
- 2. Please <u>do not</u> bring your own equipment to camp (bats, tennis rackets, etc.) as these too are easily lost. Baseball gloves are permitted-just make sure the camper's name is clearly printed on it.
- 3. Make sure <u>all</u> items that are brought to camp are clearly LABELED!

# HEALTH FORMS

The camp must receive all health forms previously sent to you <u>before</u> camp begins. This is <u>most important!</u> Should you need an additional medical form, please call us or download one from our website under Parent Resources - "Forms & Applications." This is for your child's protection.

# Something Serious- Something Sweet!

Due to COVID, NO outside food will be permitted

# **PROPER FOOTWEAR AT CAMP**

We are informing all of our parents that **sneakers** and **sneakers only** are the appropriate footwear for your children to wear during our camp day. Any types of sandals, flip-flops, pool shoes etc. are not only inappropriate but also dangerous. Our campers are engaged in various activities including running, jumping, climbing etc. and sneakers are for these endeavors. Parents we ask you to use common sense and please follow our advice for the safety of your children. Thank you.

# **Camper Cell Phone Policy**

One of the best parts of summer camp is being able to enjoy the great outdoors. Add to this that our children have spent so much time sitting in rows with pencil & paper and taking standardized tests, they really need to be participating in all that **ARROWHEAD** has to offer.

With respect to this, cell phones and tablets are **not** permitted, or to be used on camp grounds. Campers that are seen with any electronics will politely be asked to put them back in their bunkroom. If it becomes a bigger problem, counselors or directors will take them away to be given back at the end of the day. The exception to this policy would be if the camper chooses to use their electronics on their camp assigned vehicle. Please remember, however, that camp is not responsible for any lost or damaged electronics and there is nowhere for them to be locked up for the day.

We really hope that all parents help us in enforcing this policy and would agree that electronics should not be used at **ARROWHEAD** as this is the time and place to get "unplugged" and back to enjoying being outside with friends!

If you have any questions or comments with this policy, please feel free to call the office at 610-353-5437(KIDS) or email us at chiefarrowhead@comcast.net.

# Camp Communication

## We are available by phone to answer any and all your concerns:

(610) 353-KIDS {5437} 7:00 A.M. to 6:00 P.M. - Monday thru Friday

> By FAX: (610) 695-8118 24 hours- 7 days a week

E-MAIL: chiefarrowhead@comcast.net

## 24 hours- 7 days a week \*Please allow 24 hours for a response if e-mailing on a weekend

# E-MAIL UPDATES

We will be communicating with our parents by sending out individual bunk news emails & photos. These weekly e-mails will contain specific information for the campers bunk (upcoming special events, what to wear, and bring in, etc.) along with newsy notes and tidbits of information of the prior week. We also will be uploading weekly photos & videos of our campers in action to their individual **bunk page** on our camp website. Easy access links will also be included in your weekly email. Our commitment to keeping parents informed of all things **ARROWHEAD** along with our high-tech connectivity keeps **ARROWHEAD** the leader among area day camps. If you are unsure whether or not you supplied us with your family e-mail address, please call us to confirm. We are capable of sending our e-mails to multiple addresses- just let us know and we will add as many e-mail addresses as you request. We will also be utilizing this method to communicate to our **ARROWHEAD** families in the rare event that should an emergency arise along with any other vital information that we deem necessary throughout the summer and the off-season. We thank you for your cooperation.



### MONDAY 6/21 Breakfast of Champions ASST. CEREALS & MILK

Fresh Fruit Mini Muffins

# TUESDAY 6/22

Juicy BURGERS Chips Peaches

## WEDNESDAY 6/23

#### RIGATONI a la ARROWHEAD

Whole wheat Pasta w/Marinara or Butter Garlic Bread Fruit Cocktail

#### THURSDAY 6/24

Gooey GRILLED CHEESE Celery & Ranch dressing Tropical Pineapple

#### FRIDAY 6/25 DELI DAY

Salami, Turkey, Tomato, Lettuce, Cheese, & Whole Wheat bread French Fries Popsicles

### MONDAY 6/28

BAGELS String Cheese Sticks Fruit Cup

#### TUESDAY 6/29

Perfect PASTA Bread Sticks Juicy Orange Wedges

### WEDNESDAY 6/30

CHICKEN PATTY Crispy Potato Chips Pears

# THURSDAY 7/1

Fancy FRENCH TOAST STICKS Raisins

#### FRIDAY 7/2

French Bread PIZZA Freeze Pops

All food is served "family style" by our Jr. Counselors & is available in our delightfully air conditioned Mess Hall. For those campers who do not care for the main meal of the day we always have available daily – soy peanut butter & jelly & marshmallow fluff (in any combination) on fresh whole wheat bread, hard boiled eggs, baked potatoes, fresh sliced NY bagels with cream cheese, cereal, & grilled hotdogs with all the fixins'. Mixed green salad and yogurt will be served in individual containers.

**<u>LIQUID REFRESHMENT-</u>** All campers will have a variety of flavors of Arrowhead's world famous ice-cold bug juice served during lunchtime in unlimited quantities- (Monday thru Thursday). Lemonade is served to all campers every Friday.

<u>SNACK</u>- All campers (JR, INT & SR) receive their daily snack in the afternoon which includes special treats (cookies, pretzels, fresh fruit) along with a choice of white or chocolate milk- all low-fat!!!!