

Cereal Lucky Charm Gluten Free Bowl-1912987



Description

No product description available

Information

Pack/Size : 96 / 1 OZ
 Material Description : Cereal Lucky Charm Gluten Free Bowl
 Material SUPC : 1912987
 MPC : 16000-31917
 GTIN : 10016000319179
 Brand : GENERAL MILLS

Ingredients

Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose. Contains 2% or less of: Salt, Gelatin, Trisodium Phosphate, Red 40, Yellow 5 & 6, Blue 1, Natural And Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Nutrition Facts

Serving Size 1 Bowl (28g) (28 grams)

Amount Per Serving

Calories 110

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D NA	NA%
Calcium 110mg	8%
Iron 3.60mg	20%
Potassium 0mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Kosher	NA
Gluten Free	NA
Halal	NA
Vegetarian	NA
Vegan	NA
Without beef	NA
Without pork	NA
Organic	NA
Dietetic	NA
Diabetic	NA

School Meal Equivalents

Product Formulation Statement	No
Child Nutrition	No

Notes: I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides 1.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

The supplier/manufacturer of this product has not provided a value for the fields displayed as NA.

Disclaimer

1. The nutritional values indicated may not be complete based on limited information from product manufacturer. 2. This is a representation of the nutritional label. Because the data may change from time to time, this information may not always be identical to the nutritional label information on products sold. 3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer. 4. % Daily Values are based on US 1990 NLEA regulations. 5. These items' qualification as 'gluten-free' is dependent on the accuracy of the gluten-free representations of the manufacturers of the items and their ingredients. Therefore, Sysco and its affiliates do not guarantee that any item will be completely gluten-free. Consumers with celiac disease and/or gluten sensitivities should exercise proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.