

## MENU

	Friday	Saturday	Sunday
Breakfast	X	<ul style="list-style-type: none"> <li>• Waffles</li> <li>• Assorted Cereals</li> <li>• Fresh Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Hashbrowns</li> <li>• Fresh Fruit</li> </ul>
Lunch	X	<ul style="list-style-type: none"> <li>• Pigs in a Blanket</li> <li>• Tater Tots</li> <li>• Salad Bar</li> <li>• Creamsicles</li> </ul>	<ul style="list-style-type: none"> <li>• Popcorn</li> <li>• Chicken</li> <li>• French Fries</li> <li>• Salad Bar</li> <li>• Choco Dips</li> </ul>
Dinner	<ul style="list-style-type: none"> <li>• Baked Ziti</li> <li>• Bosco Sticks</li> <li>• Caesar Salad</li> <li>• Chipwiches</li> </ul>	<ul style="list-style-type: none"> <li>• Hard &amp; Soft Shell Taco Bar</li> <li>• Guacamole &amp; Tortilla Chips</li> <li>• S'mores</li> </ul>	<ul style="list-style-type: none"> <li>• Parent BBQ</li> <li>• Hot Dogs &amp; Hamburgers</li> <li>• Chips</li> <li>• Soft Pretzels</li> </ul>

\* Alternative options available upon request.  
 Afternoon Snacks options will be available daily as well.

### Dos and Don'ts

- In order to fully enjoy the overnight weekend experience any electronics, (i.e. cell phones, ipads, etc.) will not be permitted. Camp is not responsible for any lost, broken or stolen electronics.
- **Don't** bring any money or valuables to camp - there is nothing to purchase on the camp grounds.
- Please **don't** bring any outside food or drinks other than a water bottle.
- **Do** pack & label all medications, along with detailed instructions, that will be required during your child's overnight weekend.
- **Do** feel free to contact us by phone or email during your child's overnight weekend with any questions or concerns. Camp will be sending email updates on Saturday & Sunday mornings.
- **Do** come 5 pm Sunday for our Parent BBQ. 6 pm is when the weekend commences.

# ARROWHEAD DAY CAMP

## Let's Talk About Overnight Weekends

This brochure contains all the pertinent information regarding Overnight Weekends, including: what to pack, schedule, menus, do's & don'ts. Please read carefully.

**(610) 353-5437**

**[www.arrowheaddaycamp.com](http://www.arrowheaddaycamp.com)**



## What to Pack

Please make sure everything is labeled with your child's 1st & last name:

- Sleeping bag (Camp will provide cots)
- Pillow
- Stuffed Animals
- Toothbrush, toothpaste, deodorant (if applicable). Please no electric items like hair dryers, flat irons, etc. Please note that there will be no showers available.
- Pajamas
- Clothes for 2 days
- Something warm for night - (jacket, sweatshirt, sweatpants)
- Flashlight
- Water Bottle

## Clothing Procedures

\* On **Thursday**, laundry bag (bathing suits and towels) for all weekenders will be sent home to be washed and should be brought back again Friday.

\* On **Friday** morning, all items will be transported to camp via your child's vehicle.

\* If your child is not attending camp the week of our overnights, drop off of campers and their belongings will be between 3:30 - 4:00 pm Friday only.

## Schedule

- ☀ Daily daytime activities will include:
  - Gaga, Tennis & Basketball Tournaments
  - Extended Free Swim Time
  - Arts & Crafts & Culinary Arts projects
  - Lake Arrowhead for Boating & Fishing
  - Dodgeball against Counselors
- ☀ Nighttime Activities will include;
  - Movie night in pajamas
  - Bonfire with s'mores
  - Skits & Talent Show
  - Barbecue with Parents

## Accommodations

Children will be housed in our bunkrooms separated by age and gender. Each bunkroom contains a toilet and a sink. A cot will be provided for each camper. A counselor of the same gender will be staying in the same facility as your child. Lights out will be 10:00 promptly.

