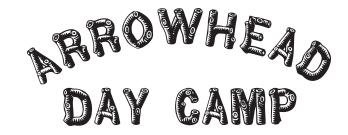
#### **MENU**

	Friday	Saturday	Sunday
Breakfast	X	Waffles     Assorted     Cereals     Fresh Fruit	Pancakes     Hashbrowns     Fresh Fruit
Lunch	X	<ul><li>Pigs in a Blanket</li><li>Tater Tots</li><li>Salad Bar</li><li>Creamsicles</li></ul>	Popcorn     Chicken     French Fries     Salad Bar     Choco Dips
Dinner	<ul><li>Baked Ziti</li><li>Bosco Sticks</li><li>Caesar Salad</li><li>Chipwiches</li></ul>	Hard & Soft Shell Taco Bar     Guacamole & Tortilla Chips     S'mores	Parent BBQ Hot Dogs & Hamburgers Chips Soft Pretzels

 <sup>\*</sup> Alternative options available upon request.
 Afternoon Snacks options will be available daily as well.

#### Dos and Don'ts

- In order to fully enjoy the overnight weekend experience any electronics, (i.e. cell phones, ipads, etc.) will not be permitted. Camp is not responsible for any lost, broken or stolen electronics.
- Don't bring any money or valuables to camp there is nothing to purchase on the camp grounds.
- Please **don't** bring any outside food or drinks other than a water bottle.
- Do pack & label all medications, along with detailed instructions, that will be required during your child's overnight weekend.
- **Do** feel free to contact us by phone or email during your child's overnight weekend with any questions or concerns. Camp will be sending email updates on Saturday & Sunday mornings.
- **Do** come 5 pm Sunday for our Parent BBQ. 6 pm is when the weekend commences.



# Let's Talk About Overnight Weekends

This brochure contains all the pertinent information regarding Overnight Weekends, including: what to pack, schedule, menus, do's & don'ts. Please read carefully.

(610) 353-5437

www.arrowheaddaycamp.com



#### **What to Pack**

Please make sure everything is labeled with your child's 1st & last name:

- ☐ Sleeping bag (Camp will provide cots)
- □ Pillow
- Stuffed Animals
- ☐ Toothbrush, toothpaste, deodorant (if applicable). Please no electric items like hair dryers, flat irons, etc. Please note that there will be no showers available.
- Pajamas
- ☐ Clothes for 2 days
- ☐ Something warm for night (jacket, sweatshirt, sweatpants)
- □ Flashlight
- □ Water Bottle

## **Clothing Procedures**

- \* On **Thursday**, laundry bag (bathing suits and towels) for all weekenders will be sent home to be washed and should be brought back again Friday.
- \* On **Friday** morning, all items will be transported to camp via your child's vehicle.
- \* If your child is not attending camp the week of our overnights, drop off of campers and their belongings will be between 3:30 4:00 pm Friday only.

### **Schedule**

- Daily daytime activities will include:
  - Gaga, Tennis & Basketball Tournaments
  - Extended Free Swim Time
  - Arts & Crafts & Culinary Arts projects
  - Lake Arrowhead for Boating & Fishing
  - Dodgeball against Counselors
- O Nighttime Activities will include;
  - Movie night in pajamas
  - · Bonfire with s'mores
  - Skits & Talent Show
  - Barbecue with Parents

#### **Accommodations**

Children will be housed in our bunkrooms separated by age and gender. Each bunkroom contains a toilet and a sink. A cot will be provided for each camper. A counselor of the same gender will be staying in the same facility as your child. Lights out will be 10:00 promptly.

